

The "Best" Character



Ask each child to come up with two well-known "characters" and to write each name on its own slip of paper. The characters can be real or imaginary, alive or dead, famous, but no criminals. Ideally, the characters should have distinctive personalities. Some examples are Mr. Rogers, the Incredible Hulk, Oprah, Superman, Chris Rock, Martin Luther King, Einstein, Judge Judy, James Bond, Rocky, Harry Potter, Darth Vader.

1

Put all of the pieces of paper in a hat and have the child pull a name out and play out the conflict as this character.



2

Fill out the worksheet to get them thinking about how you character solves problems and what they can learn from them. Use the discussion questions below to get you started.

3

Bonus: Roleplay as the bad guy and some questionable (but age appropriate) comments that challenge your child to keep their cool by using one of the 4 "that's interesting, why..." statements.

"Interesting" Prompts:

- "Interesting, why would you say that?"
- "That's interesting, tell me more."
- "Interesting, why would you do that?"
- "That's interesting, why would you ask me that?"

Discussion Questions:

1. Which characters handle conflict the most effectively? In what ways are they effective?
2. Which characters don't handle conflict well? What do they do that's ineffective?
3. What are some techniques we can learn from our characters to help us resolve conflict?
4. What are some weaknesses we can be aware of?
5. What are some things we can teach our characters?



Our "Best" Character



Name of Character:

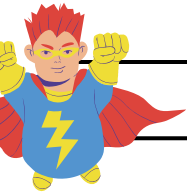
Qualities:

Strengths:

Weaknesses:

How does your character usually handle conflict:

What strengths above help the character solve conflicts:



What weaknesses stop the character from solving conflicts:

What can you learn from your character to improve how you solve conflicts:

What can you teach your character to help them become even better at solving conflicts:

