^{∞∞} Let's Explore our choices

Describe what happened: Think about what your parent or teacher asked . you to reflect on AND your side of what happened:

How well were you acting out each of your family's values when this happened:

Never

★ ★ ★ ★ ★ Sometimes ★ ★ ★ ★ Always

Honesty Saying what really happened or how we really feel.



do more things better.

Self Control Caring about how my words and actions effect others.



Empathy Thinking about how others feel or their situation. **Responsibility** Being in charge of my own actions and words.

Safety Making sure we keep our body safe from danger.

Choices:

What should you have done instead or what can you do better next time?

